

A FREE RESOURCE PACK FROM EDMENTUM

Winter Themed Mindfulness Coloring Sheets

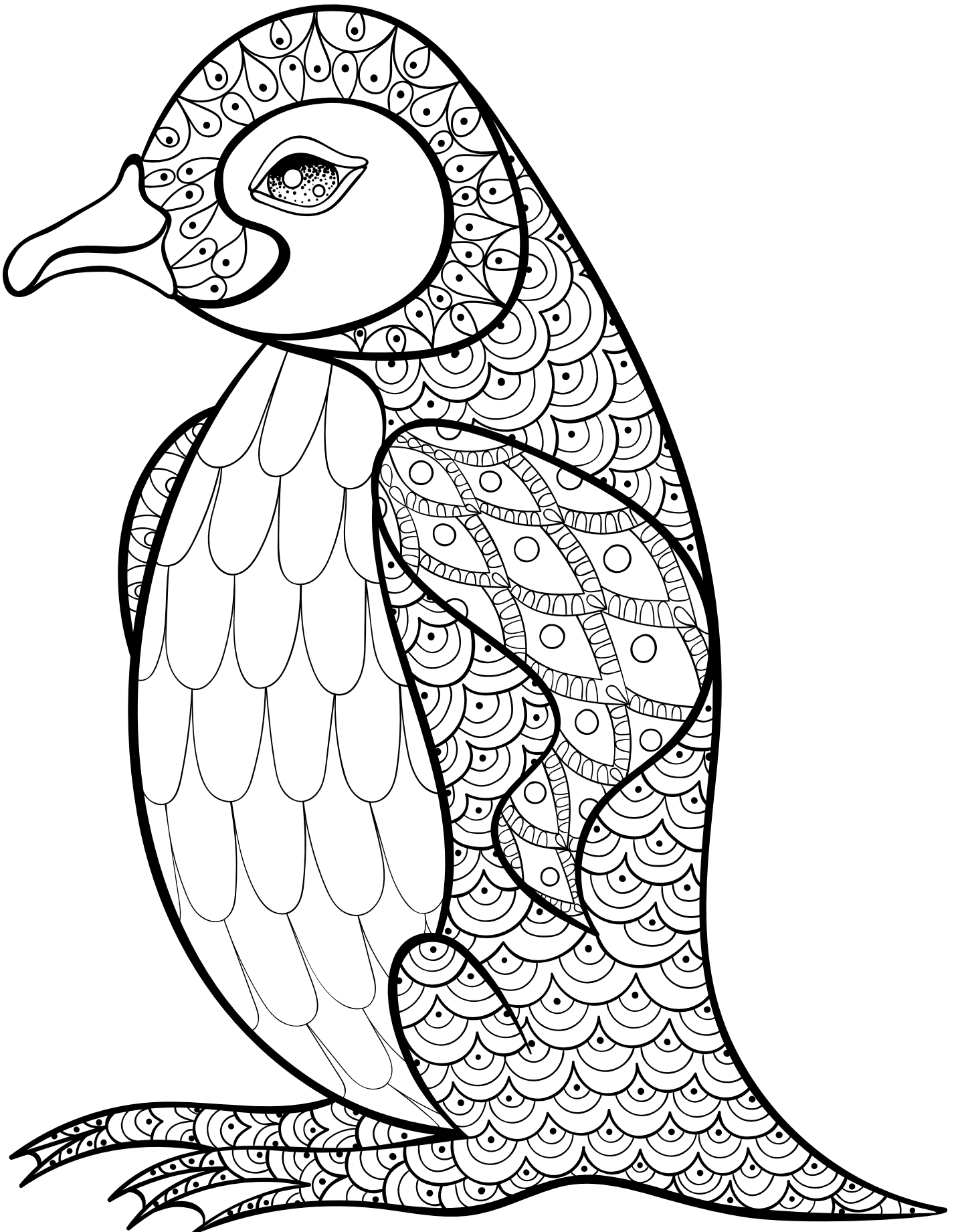


**Classroom
Resources**

Mindfulness Coloring Sheets

This fun pack contains different winter-themed images that students can color in to encourage them to practice mindfulness. This process is similar to meditation and enables students to let go of any negative thoughts and calmly focus. Students can use these resources in or out of the classroom. They can even use these over the winter break while they're at home.

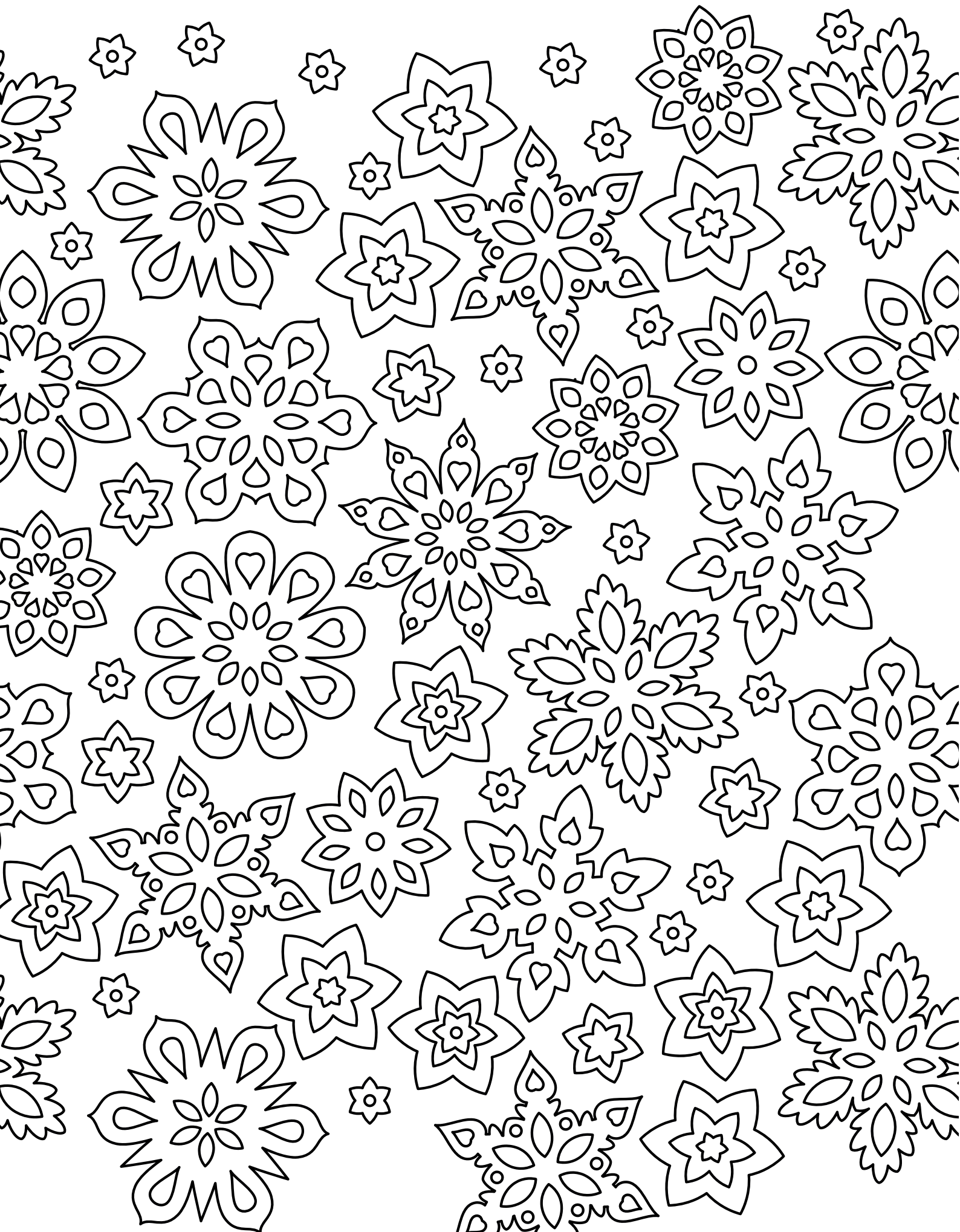




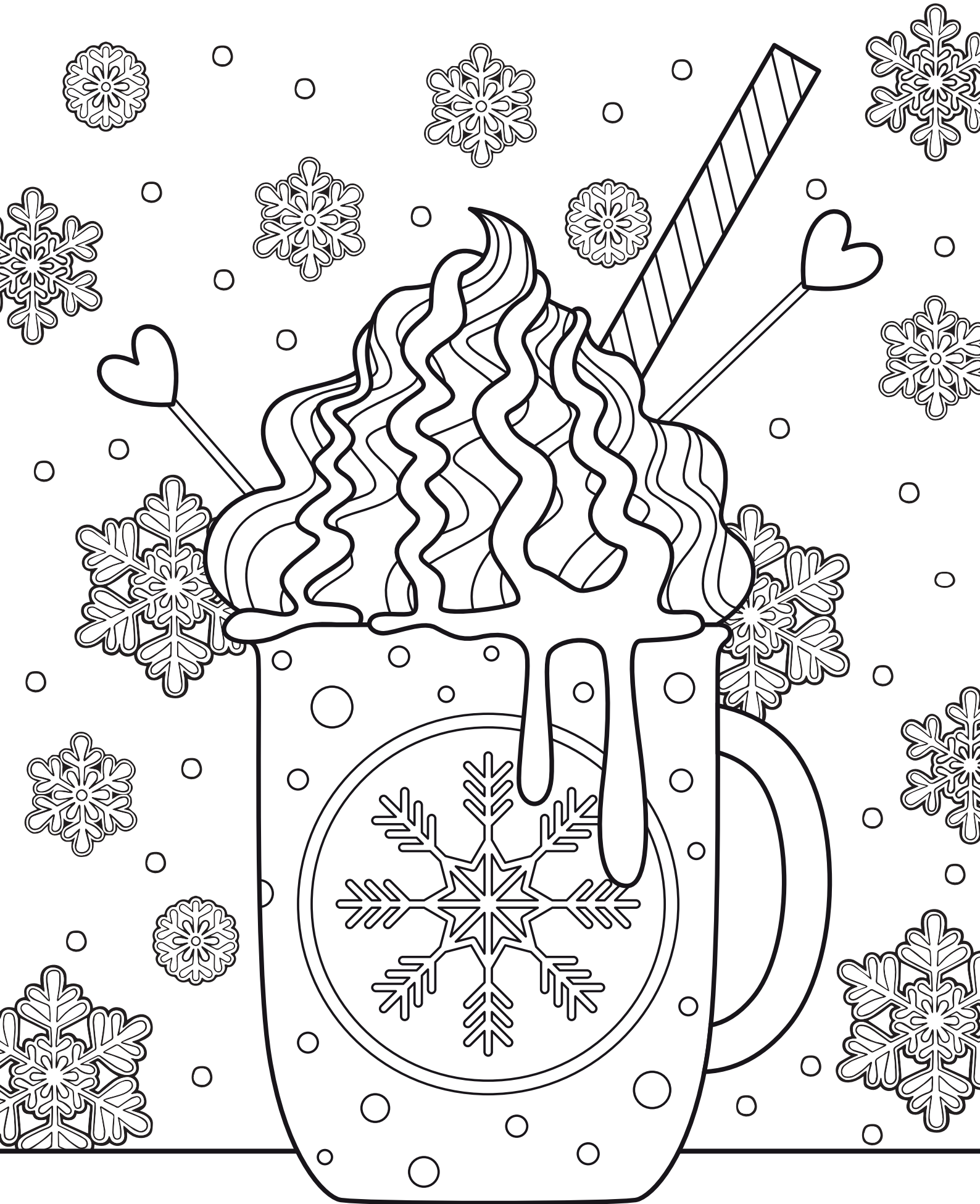


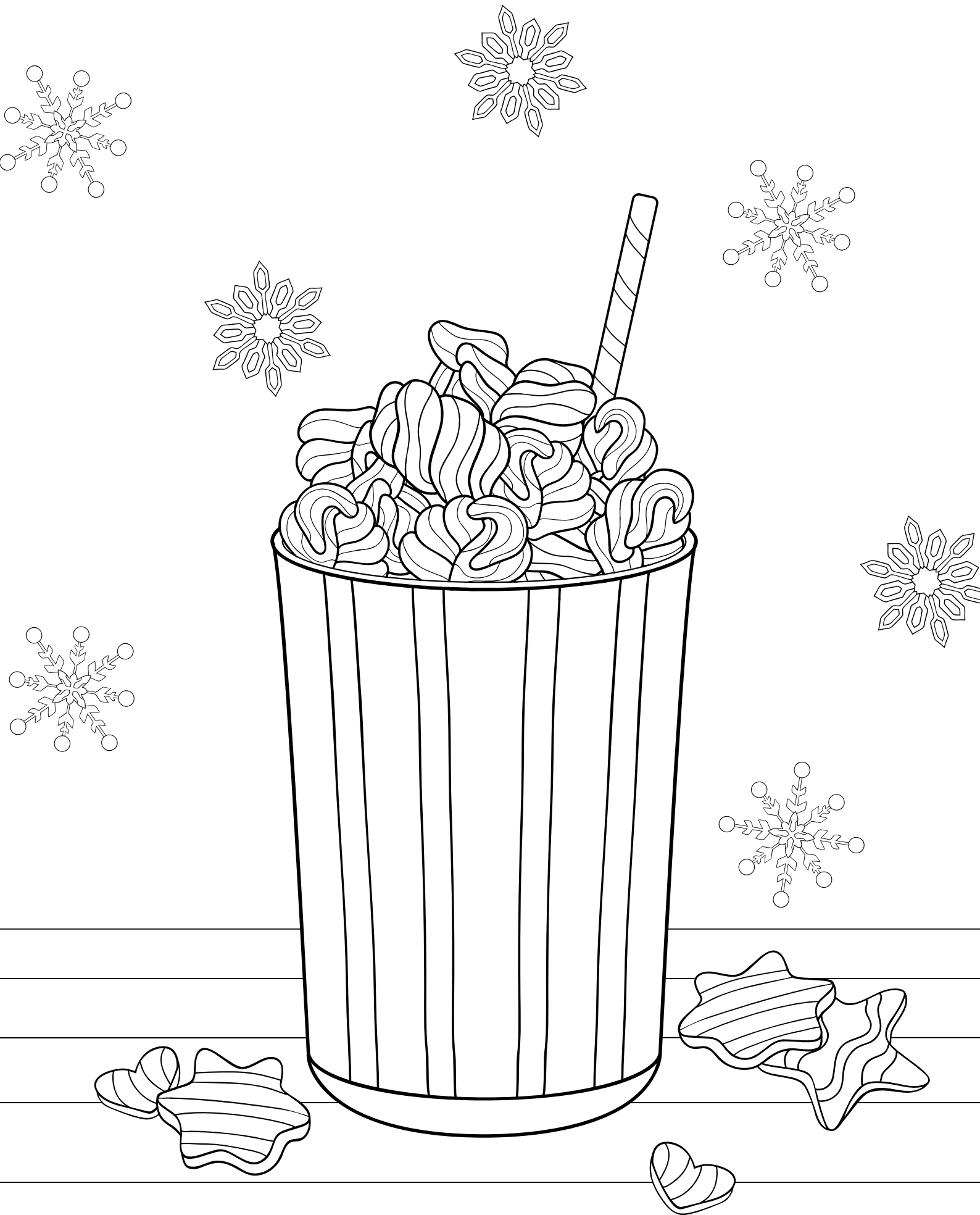














About Edmentum

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Edmentum is founded in innovation and committed to being a trusted partner to create successful student outcomes everywhere learning occurs. We can give you the resources – and the expertise – to leverage the power of effective learning solutions.



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Learning Models



Subject
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Growth

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