

A FREE RESOURCE PACK FROM EDUCATIONCITY

Anti-Bullying Week



Classroom
Resources



Age
Suitability

Anti-Bullying Week

Topical Teaching Resources

What Does This Pack Include?

This pack has been created by teachers for teachers. In it, you'll find high quality teaching resources, including Fact Sheets on how to prevent bullying, and a poster to help your students mark this year's Anti-Bullying Week.

To go directly to the content, simply click on the title in the index below:

FACT SHEETS:	
KS1: What is Bullying?	KS2: What Is Bullying and What Can You Do about It?
Learning Objective: Explore what bullying is and how to prevent it.	

POSTER:
A4 Classroom Poster Against Bullying



- The goal of Anti-Bullying Week is to educate people about bullying prevention.

What Is Bullying?

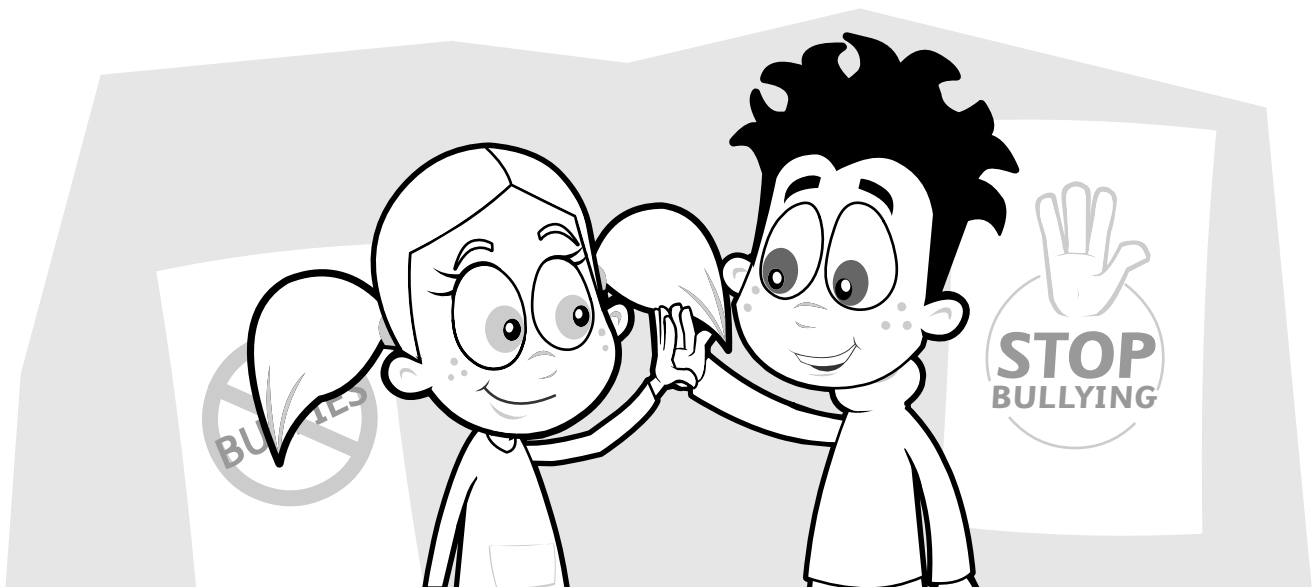
Bullying is when one person upsets, hurts, embarrasses, or frightens another person on purpose over and over again.

Bullying can be with actions:

- hitting
- tripping
- pushing
- taking someone else's things
- shouting

Bullying can be with words:

- making fun of someone
- laughing at someone
- calling names
- telling lies about someone
- making someone feel bad about themselves
- sending unkind messages on paper, on a phone, or on a computer

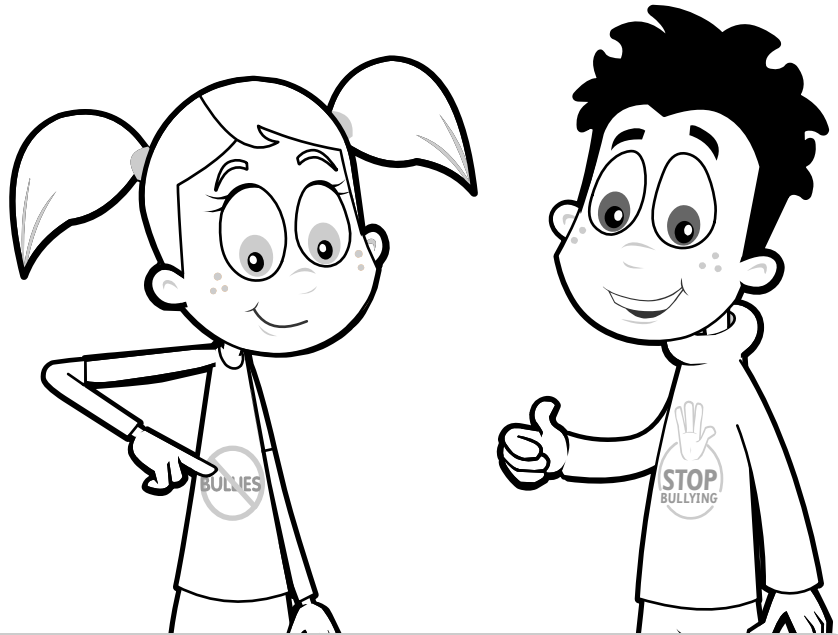


What Can I Do About Bullying?

- Be a friend to others.
- Don't laugh if someone is being bullied.
- If you feel safe, stand up for yourself or others by telling the bully to stop.
- Stay away from children who bully.
- Tell an adult if someone bullies you or someone you know.



- The goal of Anti-Bullying Week is to educate and raise awareness of bullying prevention.
- It first began in November 2005.



If You're Being Bullied

- Walk or run somewhere safe.
- Tell an adult. Staying safe is important.
- Buddy up with a friend or a group of friends. Bullies are more likely to pick on children who are alone.
- Avoid children who you know are bullies. Just try to stay away from them.
- If you feel safe, stand up for yourself. Use a strong voice and tell the bully, "Stop that," or "Leave me alone."
- Don't fight back or call the bully names. This might make things worse.

If Someone Else Is Being Bullied

- If you feel safe, speak up for the child who is being bullied.
- Don't join in and don't laugh.
- Be a friend to the person who is being bullied. Ask him or her to join in an activity or to sit with you at lunch.

If You're The Bully

- Know that you're not a bad person, but you have to change your behaviour. Start treating people the way you want to be treated.
- Keep your hands and feet to yourself.
- If you get angry, stop and think. Take a deep breath and calm down. Make the choice not to bully.
- Talk to an adult you trust about your feelings and ask them for help.

**Stand up
Stand strong
Stand together
Against bullying**



About EducationCity

EducationCity produces fun, educational materials to engage students in learning and empower teachers to tailor their teaching. **Take a look at how EducationCity can support you in the classroom:**



Target Lesson Objectives Easily

Find relevant content that links to your curriculum by using our Curriculum Map or Search tool.

Comprehensive and clearly organised by strand, content is so easy to access!



Plan in Advance

When planning your lessons, choose your Activities in advance and put them into a MyCity so they're easy for students to access. Choose a meaningful name for each MyCity and you'll be able to update and retrieve them year after year!



Differentiated Teaching

Monitor progress with SuccessTracker and you'll be able to identify the strengths and areas of development for each of your students and so choose relevant activities to help them progress.



Flexible Learning

EducationCity is accessible via desktops, laptops, tablets and whiteboards, so can support you whatever equipment is available in your classroom.



Additional Resources

Access our ready-made Lesson Plans and topical content to support teaching and learning in the classroom.

There's more to EducationCity than Activities alone!



Assessment

Check students' learning with formative, summative and unit assessments. Curriculum-correlated, pre-prepared and easy to set, they give instant feedback to inform your next steps.



"Teachers have been delighted with the content of this package and most impressed with how easy it is to find appropriate learning and teaching resources and then to use them in a variety of ways."

Mark Sanderson,

Senior ICT Consultant, Herefordshire Learning and Achievement Service



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